

## Tuolumne County Public Health Department

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## PRESS RELEASE FOR IMMEDIATE RELEASE

May 22, 2020

## New Positive Case of COVID-19 Identified in Tuolumne County

[SONORA] – The Public Health Department was notified late this afternoon that a resident of Tuolumne County has tested positive for COVID-19 at Adventist Health Sonora and is currently isolated at home.

We are awaiting confirmatory lab results from the San Joaquin Public Health Lab and the case is currently under investigation. More information will be released as it becomes available.

As a reminder, it is essential for everyone to cooperate with local and state health officer orders, including the California State Health Officer's stay-at-home order in an effort to reduce the spread of COVID-19. By limiting contact with those outside of your immediate family and limiting travel and outings, you can decrease the transmission of disease and save lives.

In addition to the activities outlined in local and State Health Officer Orders and other guidance materials issued by the <u>CDC</u> and <u>California</u> Department of Public Health, individuals can continue to take the following actions to help to prevent acquiring or spreading COVID-19:

- Practice physical distancing. Keep 6 feet between you and others who are not part of your household
- Wear a mask if you are unable to maintain 6 feet physical distance when you are in public
- Wash your hands often with soap and water for 20 seconds
- Avoid touching your eyes, nose, or mouth with unwashed hands
- Avoid close contact with people who are sick
- Stay home if you are sick
- Clean surfaces that are touched often, like toys and doorknobs, phones, etc.

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